

OUTPATIENT ANORECTAL SURGERY ORDERS

Colorectal Surgery Services, PLLC

***** *Please follow only the checked or circled orders* *****

1. **Admit** to Postoperative Ambulatory Care Unit. Status post: _____

Vital Signs, Strict input & output measurements and Pulse oximeter per PACU routine

2. **I.V. Orders:** HL IVF's
 D5 Lactated Ringers D5 ½ Normal Saline with 20 mEq/l of KCl. IVF's at a rate of _____ cc/ hour

3. **Diet:** Sips of water only Clear liquids Full liquids

4. Medications:

- Home medications can be taken in PACU with sips of water
- Cepachol lozenges PO every 2 hours PRN sore throat
- Toradol 30mg IV every 8 hours PRN pain.
- Zofran 4mg IV every 6 hours PRN nausea
- Acetaminophen 325 tabs or equivalent, one to two PO every 6 hours PRN headache
- Hydrocodone/APAP 10/325 mg tablets, one or two tabs PO every 4 hours PRN pain
- Propoxyphene N/APA 100/650 tablets, one or two tabs PO every 4 hours PRN pain
- Morphine Sulfate 1 – 2 mg IV every 2 – 4 hours PRN severe pain

5. Other treatment orders:

- Call physician for SBP < 90 or >160 mm Hg, HR < 60 or > 120, Temperature >101.5° F, persistent nausea/ vomiting
- Instruct males patients to stand to void prior to discharge & females to sit on the commode to void prior to discharge
- If patient unable to void after 4 hours or feels suprapubic discomfort, please place Foley catheter and drain to leg bag. Have patient call for an appointment (210) 490 - 2828 to have Foley removed in the office.
- Nothing per rectum and no rectal temperatures.

6. Postoperative Instructions and Follow-up:

- Review postoperative instructions, prescriptions and pain control with patient
- Instruct patient in warm baths, dressing changes, signs of infection
- Follow up with Dr. John H. Winston, III in: 1 week 2 weeks 4 weeks Other
- Have patient call Dr. John H. Winston's office (210) 490-2828 for pathology results in 1 week

7. Discharge Criteria:

Patient may be discharged to home if they meet PACU discharge criteria, can tolerate sips of liquids without nausea, can void spontaneously or Foley has been placed and the dressing is not soaked.

John H. Winston, III, M.D., FACS, FASCRS

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