

# PATIENT PATHWAY AFTER COLECTOMY

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	DAY OF SURGERY	POSTOPERATIVE DAY #1	POSTOPERATIVE DAY #2	POSTOPERATIVE DAY #3	POSTOPERATIVE DAY #4	POSTOPERATIVE DAY #5	DISCHARGE
<b>NUTRITION</b>	Ice Chips	Sips of water or liquids	Sips of water or liquids	Full Liquids	Full Liquids	Soft Diet	Diet as recommended
		Remove NGT if present	Decrease IV Fluids	Decrease IV Fluids	Decrease IV Fluids	Stop IV Fluids	Copious fluids
			Increase Oral Fluids	Increase Oral Fluids			
	Chewing Gum	Chewing Gum	Chewing Gum	Chewing Gum			
<b>ACTIVITY</b>	Out of bed to chair	Walk with assistance five times	Walk without assistance five times	Walk without assistance five times	Walk without assistance five times	Walk without assistance five times	Short walks each day
	Cough & Deep Breathe hourly	Cough & Deep Breathe hourly	Cough & Deep Breathe hourly	Cough & Deep Breathe hourly	Cough & Deep Breathe hourly	Cough & Deep Breathe hourly	May climbs stairs
	Incentive spirometer hourly	Incentive spirometer hourly	Incentive spirometer hourly	Incentive spirometer hourly	Incentive spirometer hourly	Incentive spirometer hourly	No dangerous activities
	Sequential Compression Devices	Sequential Compression Devices	Sequential Compression Devices	Sequential Compression Devices	Sequential Compression Devices	Sequential Compression Devices	No driving
<b>PAIN CONTROL</b>	PCA Pump	PCA Pump	Stop PCA pump Start oral pain med.s	Oral Pain Medication	Oral Pain Medication	Oral Pain Medication	Oral Pain Medication as needed
	IV Anti-inflammatory medication	IV Anti-inflammatory medication	Stop IV anti-inflammatory medication				
	Infusion catheter	Infusion catheter	Infusion catheter	Remove Infusion Catheter			
<b>TREATMENTS</b>		Remove Foley Catheter	Remove drain		Restart home medications		
		Change dressings	Change dressings	Change dressings	Stop dressing changes		
	Start DVT prophylaxis	Stop Antibiotics DVT prophylaxis	DVT prophylaxis	DVT prophylaxis	DVT prophylaxis	Stop DVT prophylaxis	
<b>DISCHARGE PLANNING</b>		Physical Therapy consult	Visit with case manager				See surgeon at 1 - 2 weeks from discharge
				Family education for home care	Family education for home care	Family education for home care	

This pathway is to give you an idea of what to expect after your surgery. It is only a guideline and your care may be modified.

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