

Colorectal Surgery Services, PLLC



John H. Winston, III, M.D. brings extensive experience to the San Antonio region and the Colorectal Surgery Services, PLLC.

Dr. Winston received an engineering degree from the University of Alabama then received his medical degree from the University of Alabama School of Medicine. He completed his residencies in General Surgery & Colorectal Surgery at the Washington Hospital Center in Washington, DC receiving diverse training in all aspects of surgery of the colon, rectum & anus. After completing his training, he held academic positions at the Ohio State University then the University of Texas HSC at San Antonio.

Dr. John Winston's surgical & research interests include defecatory physiology, anorectal ultrasound, benign anal diseases, rectal cancer and minimally invasive surgery. He is board certified in both general surgery and colon and rectal surgery. He has been elected as fellow in both the American College of Surgeons and the American Society of Colon & Rectal Surgery, achieving this very early in his career. This gives him the added skill & experience to take care of the most complex diseases of the colon, rectum and anus.

He was raised in Alabama where his extensive family remains. He married his childhood sweetheart & has a young daughter. He enjoys refurbishing furniture in his spare time.

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DISEASES TREATED & SERVICES OFFERED

Laparoscopic Colon & Rectal Surgery

Evaluation & Treatment of Benign Anorectal Conditions:

Hemorrhoids	Fissures	Pilonidal cyst	Perianal Abscesses
Anal Fistulas	Anal Warts	Pruritis ani	Hidradentitis

In office treatment of simple hemorrhoids

Procedure for Prolapse and Hemorrhoids (PPH™)
Doppler-guided hemorrhoid surgery (THD™)

LigaSure™ hemorrhoidectomy

Surgical Evaluation & Management of Colorectal Diseases:

Colon or Rectal Cancer & polyps	Diverticulitis & Diverticulosis
Inflammatory Bowel Disease	Constipation (Surgical)

Colonoscopy, Flexible Sigmoidoscopy & Anoscopy

Anorectal physiology & treatment for:

Anal incontinence	Constipation	Rectal prolapse	Defecatory dysfunction
Pelvic organ prolapse	Rectocele	Intussusception	Pelvic Nerve Assessment

Anorectal ultrasound for anal or rectal tumors and incontinence