

JOHN H. WINSTON, III, MD, MBA, FACS, FASCRS

Main Office Mailing Address:

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Office: (210) 490 – 2828 Fax: (210) 490 – 0505

Personal: Born March 7, 1968 - Montgomery, Alabama. Married – B. Michele McCorvey, M.D. (June 28, 2003). One child – J. Madison Winston (Born February 12, 2007)

Appointments: Clinical Assistant Professor, Department of Surgery, UTHSCSA, 2008 - 2015

Founder / President, Colorectal Surgery Services, PLLC, September 2007 - present

Assistant Professor of Surgery, Department of Surgery, University of Texas Health Science Center at San Antonio, December 2005 – September 2007

Educational Faculty, Fellowship in Female Urology, Neuro-Urology and Voiding Dysfunction, Jan 2006 - Sept 2007

Assistant Professor of Surgery, The Ohio State University, Aug. 2000 – November 2005

Faculty, Center for Minimally Invasive Surgery, The Ohio State University, Sept. 2000-November 2005

Education:

Undergraduate

B.S. Chemical Engineering - Conferred May 12, 1990, University of Alabama

Medical

Resident, Colon and Rectal Surgery, July 1999 – June 2000
The Washington Hospital Center, Washington, D.C.

Chief Resident and Resident, General Surgery, July 1995 - June 1999
The Washington Hospital Center, Washington, D.C.

Intern, General Surgery, July 1994 - June 1995
The Washington Hospital Center, Washington, D.C.

Doctor of Medicine - Conferred June 5, 1994
University of Alabama School of Medicine, Birmingham, Alabama

Graduate
17, 2005

Masters of Business Administration (Physician Executive) – Conferred Dec.
The University of Tennessee, Knoxville (Main Campus)

Special Training:
24, 2012

Robotic Case Observation, Oklahoma Surgical Hospital, Tulsa, September

Robotic Colectomy Course, Houston, Intuitive, Sept. 7, 2011

Transanal Hemorrhoid De-arterialization, San Antonio, 2009

Single-Incision Laparoscopic Colectomy Course, Scott and White, Covidien, 2009

John Henry Winston, III, M.D., M.B.A.

Anal Fistula Plug Repair & Complex Pelvic Floor Repair, COOK Medical,
Las Vegas, May 12-13, 2006

**Special Training
(continued):**

Anorectal Manometry & Physiology Course (Retraining)
Sandhill Scientific Corporation, Denver, September 28-29, 2003

Procedure for Prolapse and Hemorrhoids, Ethicon,
Cabell-Huntington Hospital, West Virginia, April 23, 2002

ACLS, American Heart Association, Texas, Exp. Date: March 2014
ATLS, American College of Surgeons, 2002-2006

Transanal Endoscopic Microsurgery Course, The Washington Hospital
Center, Washington, D.C., September & November 3, 1999, February 2000

Laparoscopic Colectomy Course for Colorectal Surgery Fellows, Washington
University Institute for Minimally Invasive Surgery, St. Louis, February 26,
2000

Advanced Laparoscopic Bowel & Colorectal Surgery Course, American
Society of Colon & Rectal Surgeons & Ethicon Endo-surgery Institute,
August 27-28, 1999

SAGES Advanced Laparoscopy Course, George Washington University,
June 1999

Ultrasound for General Surgeons, American College of Surgeons, Baltimore,
April '98

Boards:

Diplomate, American Board of Colorectal Surgery
Certified: September 29, 200, Recertified: May 6, 2011
Expiration: December 31, 2021

Diplomate, American Board of Surgery
Certified: September 13, 2000, Recertified: December 13, 2010
Expiration: July 1, 2021

Licensure:

Washington, D.C., Expiration Date: December 31, 2016
Ohio, Expiration Date: October 1, 2015
Texas, Expiration Date: May 31, 2015
DEA, Expiration Date: May 31, 2015
Texas Controlled Substances, Expiration Date: June 31, 2015

Awards:

Professional

Surgery Faculty Resident Teaching Award, 2001-2002
Who's Who in Black Columbus, 2004-2005 edition

Southern California Society of Colon & Rectal Surgeons Award, Clinical
Poster Presentation, American Society of Colon & Rectal Surgeon
Conference, Philadelphia, May 2, 2005

Phi Kappa Phi Honor Society, 2006

Medical School The Dean's Scholarship, 1990-1994

Undergraduate

Outstanding Freshman, AAA, University of Alabama, 1987

John Henry Winston, III, M.D., M.B.A.

Outstanding Student, University of Alabama Black Faculty Association, 1988
Amoco Chemical Engineering Scholarship, 1988 – 1990
Gamma Beta Phi Freshman Honor Society, 1986 – 1987
Committee Chairman, Freshman Forum Student Council, 1986 – 1987

Activities:

Professional

Physician / Surgical Liason, Surgical Site Infection Committee, Baptist Health System, San Antonio, 2015 - 2016

Bundled Payment Care Incentive Surgical Committee Champion, Baptist Health System, San Antonio, 2015 – 2016

Baptist Stoma Clinic Physician Champion, Baptist Health System, San Antonio, 2015 - 2016

Board of Director, Stone Oak Surgery Center, San Antonio, 2011 - 2016

2007

Fourth year medical student surgical clerkship director, June 2007 – Sept

2007

Utilization Review Committee, University Health System, August 2006- Sept

Course Director, Davol™ Hernia Course, UTHSCSA, June 30, 2006

Schwartz Club Faculty Advisor, UTHSCSA, December 2005- Present

Course Director, Laboratory Boot Camp for Laparoscopic Colectomy, Center for Minimally Invasive Surgery, OSU, 2005

Free colorectal cancer screening clinic, The James Cancer Hospital, March 24, 2005

Preceptor, Laparoscopic colorectal surgery, US Surgical Corporation, 2004-2006

Preceptor, Procedure for Prolapse & Hemorrhoids, Ethicon, 2004-2005

Chairman, Infection Control Committee, The OSU Hospital East, 2001-2002

Member, Ohio State University Medical School Admissions Committee, 2001- 2003

Member, Colorectal Surgical DRG Committee, OSU, 2000-2001

Member, Quality Assurance Committee, OSU, 2001

Director, TEM training course for Colorectal Surgery Residents, The OSU Center for Minimally Invasive Surgery, March 4-5, 2000

Educational Gift of \$7,000 from Wolf Corporation

Chairman, Colorectal Cancer Awareness Month Committee, The Ohio State University & James Cancer Center, 2000-2001

Course Assistant, TEM training course, The Washington Hospital Center, 1999-2000

John Henry Winston, III, M.D., M.B.A.

Medical Teaching Assistant, Department of Gross Anatomy
University of Alabama School of Medicine, May 1991 - August 1991
School Coordinator, University of Alabama School of Medicine
AIDS Education Program, 1990-1991
Health Coordinator, National Youth Sports Program,
Lawson College, Birmingham, Alabama, 1991-1992
Participant, UASOM Prematriculation Program, May 1990 – August 1990

Undergraduate Resident Assistant, University Housing, 1986 – 1989
Freshman Orientation Staff, 1987 – 1990
Senator & Executive Assistant, AAA, University of Alabama, 1986-1988

Laboratory/ Research Experience:

Research Assistant, Bureau of Chemical Engineering Research, July 1989-
May 1990

Laboratory Assistant, Gerontology/Geriatric Medicine Department,
University of Alabama School of Medicine, June 1990 - July 1990

Fellowships:

Fellow, American College of Surgeons, 2003 - present
Fellow, American Society of Colon and Rectal Surgeons, 2005 - present

Memberships:

Texas Medical Association, July 2007 – present
Bexar County Medical Society, July 2007 – present
CA Whittier Medical Society, October 2006 – present
The Aust Surgical Society, July 2006 - 2007
Member, Phi Kappa Phi Honor Society, April 2006 - present
Member, National Medical Association, 2006- 2008
Member, American Medical Association, 2000 - present
Member, Society of American Gastrointestinal Endoscopic Surgeons, 2000 –
2008
Member, American Society of Colon and Rectal Surgeons, June 3, 2000-
present
Member, American College of Surgeons, 2000- present
Member, Student National Medical Association, 1990-1992

Surgical Interest:

Pelvic floor physiology, minimally invasive colon and rectal surgery,
business, local excision of rectal cancer, dynamic magnetic resonance
defecography

Important Presentations:

“Cost of Transanal Endoscopic Microsurgery vs. Low Anterior Resection vs. APR,”
Chesapeake Colorectal Society, Annapolis, Maryland, June 10, 2000

“Colorectal Cancer Update”, WXVI Radio Station, Doctor’s Housecall radio show,
Montgomery, Alabama, July 12, 2000

“TEM for Selected Rectal Tumors,” Zollinger Postgraduate Course in Surgery, The
Ohio State University, Columbus, September 16, 2000

John Henry Winston, III, M.D., M.B.A.

“Colorectal Surgical Indications” Medical Student Lecture Series, OSU Medical School, 2000 - present

“Colon Cancer” WTVN radio station, Public Service Announcement, Columbus, Ohio, November 27, 2000

“Colorectal Cancer Screening,” Columbus Health Department Television Show “Your Health”, November 16, 2000

“Local Excision of Rectal Tumors” and “Laparoscopic Colorectal Surgery,” Advanced Surgery Conference, Center for Minimally Invasive Surgery, The Ohio State University, Captiva, Florida, February 2 - 4, 2001

“Transanal Endoscopic Microsurgery Course for Residents”, Center for Minimally Invasive Surgery, The Ohio State University, Columbus, Ohio, March 1-2, 2001

“Minimally Invasive Colorectal Surgery” Department of Surgery Grand Rounds, Grant Hospital, Columbus, Ohio, February, 2001

“Anorectal Potpourri” Grand Rounds, OSU East Hospital, February 2001

Important Presentations

(Continued): “Profiles & Champions: A Cancer Update with the James Cancer Center,” NBC 4 TV, Columbus, Ohio, March 2001 & 2002

“Prevention & Screening of Colorectal Cancer,” Columbus Ostomy Society, Columbus, Ohio, April 3, 2001

“Common Anorectal Diseases: Diagnosis & Treatment,” “Work-up of the Constipated Patient/Obstructed Defecation,” “Indications for Colorectal Surgery,” “Anal Manometry & Defecography” GI Fellow Teaching Conference Series, Division of Gastro-intestinal Medicine, Ohio State University, 2001-2004

“Management of Perianal Disease in Crohn’s,” Grand Rounds, Department of Surgery, The Ohio State University, February 14, 2002

“Anorectal Ultrasound”, Ultrasound Skills Course for Residents, Center for Minimally Invasive Surgery, OSU, May 2001 & May 2002

“Colon cancer screening”, State Conference, Ohio Society of Gastro-intestinal Nurses and Associates, Dayton, Ohio, March 2002

Transanal Endoscopic Microsurgery Skills Station, SAGES Learning Center, SAGES Conference, New York, March 14 - 15, 2002

“Atypical Colidities” Colorectal Surgery Grand Rounds, Colorectal Surgery Residency Program, Grant Hospital, Columbus, Ohio, June 25, 2002

“Modern Management of Rectal Cancer” & “Transanal Endoscopic Microsurgery “, Advanced Surgery Course, Center for Minimally Invasive Surgery, OSU, Marco Island, February 2003

“Pelvic Floor Physiology for Radiologist”, Teaching Conference, Department of Radiology, OSU, September 11, 2003

John Henry Winston, III, M.D., M.B.A.

“Colorectal Surgery”, Columbus Wellness Center, Columbus, Ohio, October 25, 2003

“Work-up & Treatment of Defecatory Disorders,” Grand Rounds, Department of Surgery, The Ohio State University, January 8, 2004

“Local Excision of Rectal Cancer”, Grand Rounds, Grant Hospital, Department of Surgery, January 28, 2004

“Work-up of Defecatory Dysfunction”, Ohio Society of Gastro-intestinal Nurses & Associates, Columbus, Ohio, March 6, 2004

Moderator for “Challenges in Colorectal Surgery” & Case Presentations, Visiting Professor Rounds, Ohio State University, March, 2004

“Anorectal Ultrasound” Lecture and Laboratory, Ultrasound Skills Course, Ohio State University, April 13, 2004

**Important Presentations
(Continued):**

Skills laboratory instructor, Laparoscopic colectomy, US Surgical Corporation, Norwalk, CT, June 23 – 24, 2004

“Perioperative Care of the Anorectal Surgery Outpatient” ASU Nursing staff, OSU, September 28, 2004

“Complications of PPH”, “Laparoscopic Colectomy: Beating the Curve” Lecturer & Moderator for Ethicon Distance Learning Program, Traverse City, Michigan, September 30, 2004

“Dynamic Magnetic Resonance Defecography” New Diagnostic Techniques in Colon and Rectal Surgery, American College of Surgeons, Clinical Congress, New Orleans, October 11, 2004

“Workup of the Pelvic Floor” OSU GI Endoscopy Unit Nurses, November 17, 2004

PPH televised case presentation, CMIS & Ethicon Distance Learning Program, OSU, November 30, 2004

“Common Anorectal Diseases” Ohio MedNet21, Internet Broadcast, distance learning, December 10, 2004

“Technical Tips for Laparoscopic Colectomy”& “Video of Laparoscopic Colectomy” Advances in Minimally Invasive Surgery, CMIS, Marco Island, February 4-6, 2005

“It’s All about Health” Radio Show, Joy 106, Colorectal Cancer, March 5, 2005

“Laparoscopic Colectomy Update: Colon Cancer Month @ NBC 4” Columbus, March 2005

“Transanal Endoscopic Microsurgery: When Can and When Should We Do It” Minimally Invasive Colorectal Surgery Program, Society of American Gastrointestinal and Endoscopic Surgeons Conference, Hollywood, FL, April 14, 2005

John Henry Winston, III, M.D., M.B.A.

- “Progress Report of Opportunity Cost Analysis of Laparoscopic Colectomy”, University of Tennessee, Knoxville, April 30, 2005, August 19, 2005
- “Work-up of Defecatory Dysfunction”, Surgical Grand Rounds, University of Texas Health Sciences Center at San Antonio, June 20, 2005
- “Laparoscopic Surgery for Cancer”, “Laparoscopic Right & Left Colectomy”, Industry Training Program, United States Surgical Headquarters, Norwalk, CT, June 23, 2005
- “Life as a Surgeon” High school Medical School Diversity Program, OSU, June 29, 2005
- “Dynamic Magnetic Resonance Defecography” Surgical Grand Rounds, Grant Hospital, August 31, 2005
- “Update in Surgery for IBD” Alumni Weekend Lecture Series, OSU, September 16, 2005
- “The Pelvic Floor” OSU Gastrointestinal Medicine Fellows Lecture, October 21, 2005
- “Laparoscopic Colectomy for Cancer” Visiting Professor, James M. Perelman Memorial Lecture in Oncology, Akron General Memorial Hospital, November 2, 2005
- “Surgery for Colon Diseases”, “Laparoscopic Right & Left Colectomy”, Industry Training Program, United States Surgical Headquarters, Norwalk, CT, November 10, 2005
- “Introduction to General Surgery” & “Sutures and Wound Healing” Industry Training Program, United States Surgical Headquarters, Norwalk, CT, January 27, 2006
- “An Unusual Colorectal Case: Ectopic Prostatic Tissue” Grand Round, San Antonio Colorectal Surgery Group, March 9, 2006
- “Tips for Nurses for Laparoscopic Colectomy” Perioperative Nurses Staff, University of Texas HSC at San Antonio, March 20, 2006
- “Laparoscopic Colectomy & Colon Cancer” March Colon Cancer Awareness Month, Public Service Announcement, WOAI radio Station, March 22, 2006
- “Colorectal Research Initiatives” Faculty Club Lunch Lecture, University of Texas HSC at San Antonio, March 24, 2006
- “Intestinal Interventions for Urologist” Resident Rounds, Department of Urology, UTHSCSA, April 4, 2006
- “Work-up and Treatment of Common Anal Diseases: Part 1” Resident Rounds, Department of Family Practice, UTHSCSA, April 12, 2006
- “Colon and Rectal Cancer Screening and Health” World Wellness Week, World Savings Bank, San Antonio, TX, April 19, 2006
- “Work-up and Treatment of Common Anal Diseases: Part 2” Resident Rounds, Department of Family Practice, UTHSCSA, June 7, 2006

John Henry Winston, III, M.D., M.B.A.

“Work-up of Constipation” Resident Rounds, Department of Family Practice, UTHSCSA, June 7, 2006

“Case Reports: Cases from the dark side” Urology Residents Lecture, UTHSCSA, May 31, 2006

“Common Anal diseases and their medical treatment” Department of Family medicine, Residents Lecture, Brady Green Clinic, UTHSCSA, June 7, 2006

“Surgical Strategies for Abdominoperineal Resection” Chassin’s Resident Lecture Series, UTHSCSA, June 12, 2006

“Update on Rectal Cancer” The Aust Surgical Society Conference, San Antonio, June 16, 2006

**Important Presentations
(Continued):**

“Laparoscopic colectomy: Can we ... should we?” Surgery Grand rounds, UTHSCSA, July 17, 2006

“Work-up of defecatory disorders” Department of Urology Grand Rounds, UTHSCSA, and August 10, 2006

“Perianal diseases for the practicing OB-GYN” Resident Didactic Lecture, Department of Obstetrics and Gynecology, UTHSCSA, August 23, 2006

“Work up of Constipation” Gastro-intestinal Medicine Grand Rounds, UTHSCSA, September 7, 2006

“Perioperative management of the lap colectomy patient” San Antonio Chapter of AORN Lecture, Methodist Hospital, September 11, 2006

“Work-up of defecatory disorders” Department of Obstetrics and Gynecology Grand Rounds, UTHSCSA, September 13, 2006

“Advances in the Surgical Management of Rectal Cancer” 2nd Annual San Antonio GI Cancer Symposium, UTHSCSA, October 21, 2006

“Laparoscopic colon resection” US Surgical Training, Norwalk, CT, November 9, 2006

“Lower GI Bleeding” Medical Student Core Lecture, UTHSCSA, November, 20, 2006

“Parastomal Hernia Repair” Davol Inc., Johnson Learning Center, UTHSCSA, April 13, 2007

“Adult Hirschsprung’s Disease” Colorectal Surgery Grand Rounds, San Antonio, May 30, 2007

“Update on the Surgical Management of Acute Diverticulitis” Aust Surgical Society Meeting, San Antonio, June 15, 2007

John Henry Winston, III, M.D., M.B.A.

“Update On Rectal Cancer”, Baptist Health System Cancer Symposium, San Antonio, 02/28/2009

“Common Anal Diseases”, Texas Society of Gastroenterology and Endoscopy, September 10, 2011

“Multidisciplinary Approach to the Pelvic Floor”, San Antonio Pelvic Floor Interest Group, August 30, 2012

“Case Presentation: 65 YOF with refractory pelvic pain”, San Antonio Pelvic Floor Interest Group, June 27 , 2013

“EMR: The business case”, American Society of Colon and Rectal Surgeons, Annual Scientific Meeting, April 2013

“Radial Reload Stapler Technology”, Covidien / American Society of Colon and Rectal Surgeons, Annual Scientific Meeting, April 2013

**Important Presentations
(Continued):**

“Constipation and Fecal Incontinence” The Towers military retirement facility / Northeast Baptist Hospital, San Antonio, May 18, 2013

“Fecal Incontinence”, Methodist Stone Oak Hospital, San Antonio, November 11, 2013

“Work-up and Treatment of Hemorrhoids”, Northeast Baptist Hospital, San Antonio, January 1, 2014

“Pelvic Floor Disorders: Incontinence and Constipation”, Methodist Stone Oak Hospital, San Antonio, November 3, 2014

“The Business of Surgery: A how to guide in private practice” Department of Surgery, Morehouse School of Medicine, Nov 14, 2014

“Work-up & Treatment of Hemorrhoids” North Central Baptist, San Antonio, January 15, 2015

Posters:

“Cost comparison of transanal endoscopic microsurgery, Low Anterior Resection and APR for Selected Rectal Tumors” **John Winston M.D.**, Thomas Stahl M.D., Lee Smith, M.D., 2003 Scientific Session of the Society of American Gastrointestinal and Endoscopic Surgeons (SAGES) Los Angeles, California, 12-15 March 2003: Poster presentations

“Findings on Dynamic Magnetic Resonance Defecography in Patients with Obstructed Defecation”, ASCRS Poster Presentation, American Society of Colon and Rectal Surgeons Conference, Philadelphia, PA, May 2005

Abstracts:

“Cost comparison of transanal endoscopic microsurgery, Low Anterior Resection and APR for Selected Rectal Tumors” **John Winston M.D.**, Thomas Stahl M.D., Lee Smith, M.D., Surgical Endoscopy, March 2003, Vol 17, Supplement 1, S245

“Findings on Dynamic Magnetic Resonance Defecography in Patients with Obstructed Defecation”, **John Winston, M.D.**, Mark Arnold, M.D. Dis Colon Rectum March 2005, Vol 48, No 3, p651

John Henry Winston, III, M.D., M.B.A.

“A computerized analysis of robotic versus laparoscopic task performance”, Vimal K. Narula, William C. Watson, S. Scott Davis, Kristen Hinshaw, Bradley J. Needleman, Dean J Mikami, Jeffrey W. Hazey, **John H. Winston**, P. Muscarella, Mike Rubin, Vipul Patel and W. Scott Melvin, Accepted as Podium Presentation, SAGES Abstract, April 2006

Publications: **Winston JH**, McKinley MD, “Pyrolysis of foam pattern materials and adhesives: A critical survey of the literature” Southern Research Institute, Birmingham, AL, Metal Casting Technology Center, BER Report 499-196, University of Alabama, March 1990

“Transanal Endoscopic Microsurgery”, **J. H. Winston M.D.**, Ohio Society of Gastroenterology Nurses and Associates, The Scope, January 2001

“Anorectal Ultrasound for General Surgeons”, **J. H. Winston & L. E. Smith**, Ultrasound Handbook for General Surgeons, ed. Heidi Frankel, Landes Bioscience, 2005

“Surgical Management of Colorectal Cancer in the Laparoscopic Era: A Review of Prospective Randomized Trials”, M. Bloomston, H. Kaufman, **J. Winston**, M. Arnold, E. Martin, JNCCN, Vol. 3, No. 4, July 2005

Chen F, **Winston JH**, Jain SK. Frankel WL. Hirschsprung's disease in a young adult: report of a case and review of the literature. *Annals of Diagnostic Pathology*. 10(6):347-51, 2006 Dec.

“Prostatic Tissue in a Pre-sacral Cyst: A Case Report” Gowadamarajan A, **Winston JH**, *Surgical Rounds*, April 2007, 174 – 181.

**Publications:
(continued)**

Wang LS, Arnold M, Huang YW, Sardo C, Seguin C, Martin E, Huang TH, Riedl K, Schwartz S, Frankel W, Pearl D, Xu Y, **Winston J**, Yang GY, Stoner GD. Modulation of Genetic and Epigenetic Biomarkers of Colorectal Cancer in Humans by Black Raspberries: A Phase I Pilot Study. *Clin Cancer Res* 2011; 17:598-610. Secondary Site: University of Texas HSC at San Antonio, USDA Subgrant Award No. 2006-38903-03560 \$50,000

**Works in
Progress:**

“The Physiologic Effects of NOTES in a Porcine Model: Randomized Comparison with Standard Laparoscopy”, J. Bingener, **J. Winston**, M. Michalek, K. Van Sickel, W. Schwesinger

In Press:

“Entero-Tubulo-Uterine Fistula in a patient with Ulcerative Colitis” K. Prior, J Winston, *International Journal of Colorectal Surgery*

Personal Interest:

Photography (portraiture), refurbishing furniture, and Spending time with family.